

JULY

- + My mind is free of resistance and open to the possibilities.
- + I can achieve anything I set my mind to.
- + My body is in complete balance.
- + I am proud of myself for all of my big and little victories.
- + I let go of regrets from the past as they hold me there and prevent me from experiencing the now.
- + Love and abundance surround me everyday.

S	M	T	W	TH	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31