

NOVEMBER

- + Each day, I make the conscious choice to be happy, to be glad, to be curious, and interested in life.
- + I am excited to attract new experiences.
- + I practice clear, open communication in all of my relationships.
- + I own my power and recognize the strength and beauty of who I am.
- + I lovingly care for and nourish myself.
- + I trust that my life is unfolding in wonderful ways.

S	M	T	W	TH	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				