

2021 REFLECTION

+ WHAT ARE YOU MOST GRATEFUL FOR ABOUT 2021?

+ HOW HAVE YOU GROWN OR CHANGED IN 2021?

+ WHAT WAS THE HIGHLIGHT OF YOUR YEAR?

+ WHAT WAS MOST CHALLENGING OF YOUR YEAR?

+ WHAT NEW HABITS DID YOU CULTIVATE?

+ WHAT LESSONS DID YOU LEARN?

+ WHAT MADE YOUR HEART AND SOUL HAPPY THIS YEAR?

+ HOW DID YOUR RELATIONSHIPS WITH OTHERS EVOLVE IN 2021?

+ HOW DID YOUR RELATIONSHIPS WITH YOURSELF EVOLVE IN 2021?

+ WHAT IS SOMETHING YOU WANT TO LEAVE IN 2021 AND NOT BRING WITH YOU INTO THE NEW YEAR?