

2022 INTENTIONS

+ WHAT ARE YOUR TOP 3 THINGS YOU ARE MANIFESTING FOR 2022?

+ WHAT DO YOU WANT TO SEE, DISCOVER, AND EXPLORE?

+ WHAT SKILLS DO YOU WANT TO LEARN, IMPROVE, OR MASTER?

+ WHICH HABITS DO YOU WANT TO CHANGE, CULTIVATE, OR GET RID OF?

+ WHAT DO YOU WANT TO ACHIEVE CAREER/EDUCATION WISE?

+ WHAT WOULD YOUR IDEAL ENVIRONMENT LOOK AND FEEL LIKE?

+ WHAT ARE SOME RELATIONSHIP GOALS FOR THE NEW YEAR?

+ WHAT ARE SOME THINGS YOU CAN DO TO BE THE HEALTHIEST VERSION OF YOURSELF?

+ WHAT KIND OF BOUNDARIES DO YOU WISH TO SET?

+ HOW CAN YOU TAKE CARE OF YOURSELF MORE?